

'Right Mouse Click' on the word **audio** (below) and select 'Open Link in New Tab' to listen to audio while viewing Study Notes

Doctrinal Studies Bible Church  
PT: Ron Adema  
Series: Psalms 90

[www.doctrinalstudies.com](http://www.doctrinalstudies.com)  
[audio](#)

Date: 4/19/15  
Ps.90:7-12  
File: D150419

## **NUMBER OUR DAYS**

In Ps.90, Moses was writing about the difficulty leading an apostate reversionistic group of believers who were dying under the sin unto death (Ps.78; 1 John 5:16).

Under Moses' 40 years of spiritual leadership, 603,550 minus 2 (Joshua and Caleb) died the sin unto death in the wilderness wandering (Num.1:44-45; 14:28-38).

**This lesson will study four things that caught my attention  
with Moses' appeal regarding Number Our Days.**

### **1. One of the first things that caught my attention was Moses' use of hyperboles in describing the spiritual condition of Israelites for ministry.**

Pay attention to the following **five verbs in 90:7-9**:

- Consumed (kalah/ kal pf 1pl) Destroyed
- Dismayed (bahal/ niphalf 1pl) Terrified
- Placed (shith/ kal pf 2ms) To set
- Declined (panah/ kal pf 3pl) Banished
- Finished (kalah/ piel pf 1pl) Spent and used up

### **2. The second thing that caught my attention was the different uses of the Hebrew word for day (yom) in (Ps.90:9-12).**

(Ps.90:9) "For all our days"

(Ps.90:10-11) "As for the days of our life [years] (shanah/ nfpl)"

(Ps.90:12) "So teach us to number (manah/ kal infin) [count] our days"

(Job 14:5) "Since his days are determined, the number of his months is with You; and his limits You have set so that he cannot pass."

(Ps.118:24) "This is the day which the Lord has made; Let us rejoice and be glad in it."

(Ps.23:6) "Surely goodness and loving-kindness will follow me all the days of my life, and I will dwell in the house of the Lord forever."

3. **The third thing that caught my attention was why we were instructed, “to number our days.”**

(Ps.90:12) “So teach (yada/hiphil impv.2ms) [to know through instructional teaching] us to number our days **that** (ken) [adverb of reference to what preceded] we may present (bo/hiphil impf3ms) [apply instructional teachings] to You a **heart of wisdom.**”

**Spiritually Advancing Believer:** “The steadfast mind You will keep in **perfect peace**, because he trusts in You. Trust in the Lord forever, for in God the Lord, we have an everlasting Rock.” (Isa.26:3-4)

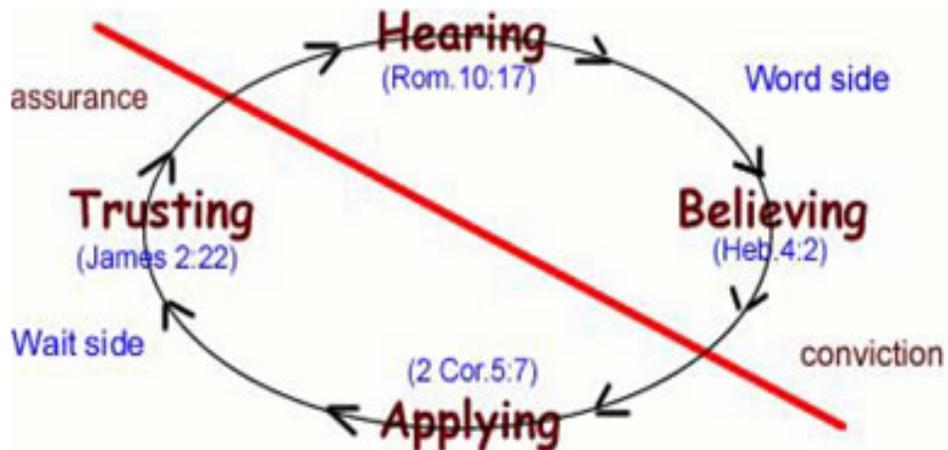
4. **The fourth thing that caught my attention was God’s desire for the believer to live each and every day of his life on earth in peace with Lord.**

(Phil.4:6-7) “Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the **peace of God**, which surpasses all comprehension, will guard your hearts and minds in Christ Jesus.”

- First, this is done by walking by means of the Indwelling power of the Holy Spirit over the lust of the Old Sin Nature (OSN) (1 Cor.6:19-20; Gal.5:16-17, 22-23; 1 John 1:9).
- Secondly, this is done by walking by the power of faith (the faith cycle) rather than by sight (empiricism or rationalism) (2 Cor.5:7; Col.2:6-7; Rom.10:17).

(Col.3:15-16) “Let the **peace of Christ** rule in your hearts, to which indeed you were called in one body; and be thankful. Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms and hymns and spiritual songs, singing with thankfulness in your hearts to God.”

(John 16:33) “These things I have spoken to you, so that **in Me you may have peace. In the world** you have tribulation, but take courage; I have overcome the world.”



**“NOW MAY THE LORD OF PEACE HIMSELF CONTINUALLY GRANT YOU PEACE  
IN EVERY CIRCUMSTNACE. THE LORD BE WITH YOU ALL!”  
(2 Tess.3:16)**