

## **GROANING WITHIN THE BODY**

Three groanings are mentioned in Rom.8:18-27: (Rom.8:22, 23, and 26).

In our last lesson we studied the groaning of the whole creation under the travail of the curse of Adam's Original Sin (AOS) (Gen.2:17; 3:17-19; Rom.8:18-22).

In this lesson, we will study three aspects of the Groaning within the Body of every believer because of the same travail of the curse of Adam's Original Sin (AOS).

All mankind is under the travail groaning within their body because of the curse of Adam's Original Sin (AOS) and man's connection to the earth - without hope of resolution apart from Christ (Gen.2:7; 3:19; Job 34:15).

(Rom.8:23) "**And not only this** [reference to the groaning of the whole creation] (Rom. 8:22), **but also we ourselves** (every Church Age Believer), having the first fruits of the Spirit, **even we ourselves groan** (stenazo/ p.a.ind.1pl) **within ourselves**, waiting eagerly (apekdechomai/ p.m.ptc.nplm) for **our adoption as sons, the redemption of our body.**"

### **1. Every Church Age Believer (CAB) has been saved by accepting the gospel of grace salvation. (1 Cor.15:3-4; Rom.1:16; Eph.2:8-9)**

As a result, they have HOPE (elpis) [The confident expectation on the promises of God] (used 5x) in a grace resolution in time and eternity.

(Rom.8:24-25) "**For in hope we have been saved (Col.1:27), but hope that is seen is not hope**; for who **hopes** for what he already sees? But if we hope for what we do not see, with perseverance we wait eagerly for it."

This hope (confident expectation) is based on FAITH (**Rom.10:17**) and not rationalism or empiricism – "But hope that is seen is not hope."

"For we walk by faith, not by sight." (2 Cor.5:7) The believer's hope is based on the promised truth of the word of God such as (Rom.8:23-25).

How well do we deal with corruption of the body such as aging, diseases, and disabilities, etc.?  
(2 Cor.4:16; Rom.8:21; 1 Cor.15:42, 50, 53)

Paul instructs the CAB how to deal with travail groaning within body because of the curse of AOS. Note the word "eagerly waiting" is used twice in Rom.8:23 and 25.

### **2. Every Church Age Believer (CAB) receives the Indwelling Holy Spirit at the moment of salvation.**

The Holy Spirit is an important key to persevering with hope unto dying grace.

(Rom.8:23) "Having (echo/ p.a.ptc.nplm) the first fruits of the Spirit (Gal.5:16-17), even we ourselves **groan** (stenazo/ p.a.ind.1pl) **within ourselves**, waiting eagerly (apekdechomai/ p.m.ptc.nplm) for our adoption as sons, the redemption of our body."

The First fruit of The Holy Spirit is based on The Resurrection of Jesus Christ (**Rom.8:9-11**; 1 Cor.15:20-23).

(Rom.8:26) “In the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for the saints according to the will of God.”

(2 Cor.12:9-10) “And He said to me, ‘My grace is sufficient for you, for power is perfected in weakness.’ Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. Therefore, I am well content with weaknesses, with insults, with stresses, with persecutions, with difficulties, for Christ’s sake; for when I am weak then I am strong.”

**Notice the use of the terminology, ADOPTION as sons for a second time in (Romans 8:15 and 23).**

In (Rom. 8:15-17), adoption as sons is just one of eight works by The Holy Spirit in the point of Grace salvation. (Gal.3:2; 4:4-7; Heb.12:8; John 14:18) (**Soteriology**). [Eight Works of the Holy Spirit](#)

In (Rom.8:23), the adoption as sons is the redemption of the body at the First Resurrection (1 Cor.15:20-23; Eph.4:30; Rev.20:5-6) (**Eschatology**).

(Eph.1:5) “He predestined us to adoption as sons through Jesus Christ to Himself, according to the kind intention of His will.”

Faith in the Word of God gives the believer spiritual growth maturity to “wait eagerly” (Rom.8:25) to persevere travail of groaning in the Christian Way of Life (CWL) until Dying Grace. (Phil.1:21; Heb.10:36-39; 2 Cor.4:13-18).